

**WE ARE AN OFFICIAL
LOCATION FOR**



**INFORMATION
PACK**

SYNERGY
DANCE & FITNESS STUDIO

2022



TIMETABLE



MONDAY

3:30pm-4pm Ready Set Ballet

4pm-5pm Ready Set Dance

WEDNESDAY

4pm-5pm Ready Set Dance

SATURDAY

10:10am-11:10am Ready Set Dance

DATES

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

Term 1: 31st January - 9th April

Term 2: 26th April - 2nd July

Term 3: 18th July - 24th September

Term 4: 10th October - 17th December

End of year showcase - 10th December at Camden Civic Centre

Ready set dance will perform in 2x dances for the showcase

Ready Set Ballet will perform in 1x dance for the showcase



Synergy
42 Lightwood St Ambarvale
46020306



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FAQ'S



Can I watch my child's classes?

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

Are your teacher's qualified?

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts. READY SET DANCE teachers are required to gain their accreditation from READY SET DANCE head office before delivering the program.

Do we need to purchase uniform and shoes?

Students must wear the READY SET DANCE uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official READY SET DANCE uniform at reception which we are sure you will love.

What is watching day?

Watching day is where parents get to view their child dance as an audience in the classroom. It's a chance for your child to begin their first step to working on their performance skills.

If we miss a class can it be made up on another day of the week?

You may swap days during Terms 1, 2 and 3 if you miss a class (as long as the make up class is not full). In term 4, each class works on a different routine for the end-of-year concert, and it is too confusing for students to be swapping days. We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

How can I experience READY SET DANCE at home?

READY SET DANCE airs every day on Nick Jr at 10am. You can also catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.



COORDINATION

The carefully sequenced and playful program develops physical **COORDINATION**, the **COORDINATION** of the senses, the coordination of mental processes and language and the **COORDINATION** of social connections.



CONFIDENCE

Regular and sustained participation in **READY SET DANCE** classes helps children to develop their **CONFIDENCE** as they try new things, practice and consolidate existing skills and experience success and mastery.



CREATIVITY

Children are encouraged to use their **IMAGINATIONS**, to think divergently and to explore their own **CREATIVE** responses to the invitations within dance, music and drama.





OUR PROGRAMS



READY SET DANCE is a one hour combo class of JAZZ, TAP, HIP HOP, SINGING and MUSIC. Designed for both boys and girls, the program focuses on teaching the fundamentals of dance while developing confidence, coordination and creativity in a professional and safe environment.

JAZZ - Develop muscle strength, control and balance and achieve coordination milestones like skipping before going to school.

HIP HOP - Bust out some ice cold moves just like FREEZE to our original hip hop tracks.

MUSIC - Develop the musical ear, dynamics and tempo while having fun with instruments and the parachute.

SINGING - Sing like TWIRL and build confidence singing on the microphone.

TAP - Learn the fundamentals of tap in a playful and creative way splashing in puddles and shuffling like a penguin.

All these ingredients together create a super hour of fun!



READY SET BALLETT is 30 minute magical ballet experience for 2- 5 year olds where they learn the fundamentals of classical ballet.

MUSIC - Engage in specifically designed music that captures the beauty of classical ballet

CURRICULUM - Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

MIME - Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

THEMED DANCES - Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

PROPS - Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.

**CONFIDENCE,
COORDINATION
AND
CREATIVITY.**



FEES & UNIFORMS



PRICES

READY SET BALLET - 30 min class	\$11
READY SET DANCE - 1 hour class	\$15
READY SET COMBO - 1.5 hour class	\$25
Enrolment Fee	\$30

Please Note: All prices are inclusive of GST and classes are invoiced by the Term

UNIFORM

All READY SET DANCE and READY SET BALLET students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased at reception.



TUTU FRILL DRESS



CROSS OVER



T SHIRT



JACKET



BALLET TULLE SKIRT



STOCKINGS



HAIR ACCESSORIES



SOCKS